

APPENDICES

June, 2011

VI. GLOSSARY

Abba	The Aramaic word for “father”
abortion	The removal of a living unborn child from the mother’s womb.
abstinence	Abstinence is the self denial of food, activities, and/or certain acts. In Catholicism, we are asked to abstain from sex until marriage. Also, on Ash Wednesday and Good Friday we are asked to abstain from eating meat.
absolution	The action of the priest which assures a person of God’s forgiveness for the wrong/sins the person has confessed.
Acclamation	Proclaim to something
Acts of the Apostles	Book of the New Testament that tells the history of the early Church and the powerful presence of the Holy Spirit.
adoration	The external act of worship to an individual or thing, most commonly used as Eucharistic Adoration as the most perfect form of worship of God.
adore(d)	worship(ped)
adultery	Sexual activity between two persons, at least one of whom is married to another. Prohibited by the sixth commandment.
Advent	The four weeks in which we prepare for Christmas.
AIDS	Acquired Immunodeficiency Syndrome caused by (HIV) Human Immunodeficiency Virus which weakens the immune system.
altar	The table on which is the Eucharistic sacrifice is offered.
alb	White linen robe worn for all liturgical functions by ministers of the altar.
altar cloth	White cloth used on the altar to show respect for the sacrifice.
All Saints	The day the Church honors all who have died and who share full union with God. (Nov. 1st)

All Souls	The day the Church remembers and prays for all the dead. (Nov. 2nd)
almsgiving	Freely giving money or material goods to a person who is needy. It may be an act of penance or of Christian charity.
ambo	The lectern or stand where God's word is read.
Amen	A Hebrew word used to conclude prayer. Meaning: "So be it, it is true, we believe it."
Anamnesis	Remembering the death and resurrection of Christ until he comes again (the remembrance)
angel	A spiritual being created by God-special messengers of God.
Annunciation	The revelation to Mary by the Archangel Gabriel that she is to conceive a child to be the Son of God.
annulment	A declaration by the Church that a marriage is null and void, that, it never existed. Catholics who divorce must also have the marriage annulled by the Church in order to be free to marry again in the Church.
Anointing of the Sick	One of the seven sacraments, sometimes formerly known as "the sacrament of the dying,": in which a gravely ill, aging, or dying person is anointed by the priest and prayed over by him and the attending believers. One need not be dying to receive this sacrament.
Anointed One	(Christus) A name for Jesus which means chosen by God to lead people to eternal life.
Apocalypse	The book of the New Testament written by John which describes his revelation and the future of the Church.
apologetic	The ability to defend or vindicate the Christian faith.
Apostles	Twelve men Jesus called to follow him.
Apostles' Creed	A summary of what Catholics believe.
Apostolic Age	Founded on the teaching of the Apostles from the time of Jesus' Ascension to the death of the last Apostle, approx. 100 years.

apostolic succession	The uninterrupted passing on of the authority from the Apostles, directly to all bishops. It is accomplished through the laying on of hands when a bishop is ordained.
apostolic tradition	The fundamental truths and beliefs of the Catholic Church, both written and oral, that have been handed down to us since the time of Jesus and the apostles, under the guidance of the Holy Spirit.
appropriate	Something that is acceptable.
ark of the covenant	A Tabernacle God commanded Moses to build of acacia wood to hold the restored tables of The Law.
artificial insemination	The process by which a man's sperm and a woman's egg are united in a manner other than natural human intercourse. In the narrowest sense, it means injecting sperm into a woman's cervical canal. The Church considers it morally wrong because it separates intercourse from the act of procreation.
Ascension	The 40th day after Easter observed in commemoration of Christ's ascension into heaven.
aspergillum	Liturgical instrument used to sprinkle people or objects with holy water during blessings.
Assumption	The carrying of Mary, body and spirit, to heaven after her death.
Baptism	The sacrament through which those who believe in Jesus become members of His Body, the Church, receive new life in the power of the Holy Spirit, and the promise of life forever with the Trinity.
Beatitudes	Eight guidelines that Jesus gave His disciples for living His way. They are found in Matthew 5:3-10.
begotten	(Only begotten Son) only from the Son
Benediction	Practice in which the Blessed Sacrament is put in a monstrance and placed on an altar with candles, silent prayer, hymns, and scripture readings.

Bethlehem	A town located six miles outside of Jerusalem. According to three of the Gospels, Commonly known as the birth place of Jesus Christ and the location of the Nativity.
Bible	An inspired book about God and the people of God. It is divided into the Old Testament, which has forty-six books, and the New Testament, which has twenty-seven books.
birth control	A deliberate and directly intended action to prevent conception or birth from taking place.
bishop	Recognized as a successor of the Apostles. Serves as a head of a diocese.
blasphemy	Speaking, acting, or thinking about God in a way that is irreverent, mocking, or offensive. It is a sin against the second commandment.
Body of Christ	Jesus is seen as the head of the body, the Church.
Book of Revelation	The last book of the New Testament written to give a message of hope and strength during times of persecution and suffering.
candle	Candles made chiefly from bees-wax and prescribed for use at Mass and other liturgical functions.
canonization	The official proclamation by the Pope that a deceased member of the Church is to be recognized as a saint and may serve as model of the Christian ideal; also the name of the process by which one is found worthy of such recognition.
cardinals	A dignitary of the Roman Church and a counselor of the pope.
catholic	Universal. Open to the whole world. One of the four marks of the Church.
Catholic	A member of the Catholic Church community of Christians who become followers of Jesus Christ through Baptism and who believe in the Seven Sacraments and in the leadership and authority of the Pope and Bishops.

Catholic Church	The church established by Christ on the foundations passed through the Apostles as in communion with the Pope, the successor of Peter.
Catechumenate (RCIA)	A time of preparation for Baptism undertaken by adults who are not baptized. People officially enrolled in the catechumenate are called catechumens or “the elect”.
celibacy	The practice of perfect continence by priests and bishops; meant to foster single-minded devotion to God and service in the ministry.
celebrant	The person who oversees any act of public worship. In a Eucharistic liturgy or Mass, the celebrant is always an ordained priest.
chalice	The sacred cup or goblet used for the consecration of the wine at Mass.
Chant	Hymn
chastity	The virtue of living one’s sexuality in a manner to one’s state of life by which a person chooses to express and/or stay in control of one’s sexual desires according to one’s vocation.
chasuble	The outer liturgical vestment worn by the celebrant at Mass.
chrism	(see oils)
Christmas	That time during the Church year when Catholics celebrate the birth of Jesus. (Dec. 25th)
church	From the Greek “ecclesia” meaning gathering of the people.
Church Fathers	Great Christian teachers of the first eight centuries.
ciborium	A chalice like vessel used to contain the Blessed Sacrament.
cincture	Cord of liturgical color used to gather the alb at the waist.
common good	Social conditions that allow for all citizens of the earth, individuals and families, to meet basic needs and achieve fulfillment.
communal prayer	Prayer as a community act and an act of community awareness.

Communion	The part of the Mass at which the celebrant partakes of the sacred species; the reception of the Sacred Host by the faithful.
communion	A body of Christians professing the same belief.
Communion of Saints	The union of all the friends of Jesus, living and dead.
conception	The moment life begins, the joining of the sperm and egg.
confession	Telling our sins to the priest in the Sacrament of Reconciliation or Forgiveness.
confirmand	A candidate for the sacrament of Confirmation.
Confirmation	The sacrament in which we are sealed with the gift of the Holy Spirit; one of the Sacraments of Initiation.
conscience	Our power to judge whether something is right or wrong. We form our conscience according to the teachings of the Church.
Consecration	Making a person, place, or thing holy. The point during the Eucharistic prayer, when the priest recites Jesus' words of institution, changing the bread and wine into the body and blood of Jesus Christ.
Consubstantial	The Incarnation of God's Son reveals that God is the eternal Father and that the Son is in the Father, and with the Father, the Son is one and the same God.
contemplation	A form of wordless prayer in which one is fully focused on the presence of God; sometimes defined as "resting in God," a deep sense of loving adoration of God.
contraception	The use of mechanical, chemical, or medical procedures to prevent conception from taking place as a result of sexual intercourse; contraception offends against the openness to procreation required of marriage and also the inner truth of conjugal love.
contrition	Sorrow and remorse for wrongs and sins against God, other persons, the environment, etc.
conversion	A profound change of heart, turning away from sin and toward God.

corporal	White cloth placed on the Altar Cloth underneath the chalice and paten. Used to collect any particles which may have fallen, handled with great care.
Corporal Works of Mercy	see Works of Mercy
council	A meeting of bishops for the purpose of deciding or discussing something. Pope John XXIII called Vatican Council II so the bishops of the Church could discuss ways for the Church to be more faithful to Jesus.
covenant	In the Bible, a special agreement made between God and people.
Creation	The act of God, the creator, makes everything. Story of Creation is told in the Book of Genesis.
Creator	A title given to God to signify that God and only God is the ultimate creator of everything that is and everything that ever will be.
creed	An official profession of faith, prepared by a council of the Church. Based on the Latin credo, meaning "I believe," the two most familiar Catholic creeds are the Apostles' Creed and the Nicene Creed.
crucifix	A cross which is placed a reproduction of Christ's crucified body.
cruet	Vessel used to hold the wine or water for the celebration of the Mass.
Crusades	The battles fought during the 11th, 12th, and 13th centuries for the purpose of reclaiming the Holy Land from the Moslems.
Dark Ages	A phrase used to describe the period of history in Europe from approximately 476 to 1,000. It was filled with great turmoil and uncertainty caused by the collapse of the Roman Empire.
Deacon/diaconate	A person ordained to assist in the ministry by preaching, baptizing, distributing Holy Communion, visiting the sick, witnessing marriage and burying the dead.

Decalogue	Another name for the Ten Commandments. Also called the Law or the Law of Moses.
deposit of faith	The infallible teachings of the Church.
devotion	Prayers, gestures, or rituals that are used to worship God, honor Mary and the saints.
diocese	A geographical area made up of many parishes.
discrimination	The act of making distinctions in favor or one person or thing over another.
disciple	One who learns from and follows Jesus' way of life.
Divine	A word that means having the nature of God.
Divine Nature	Pertaining to God.
Divine Revelation	In his goodness and wisdom God chose to reveal himself and to make known to us the hidden purpose of his will by which, through Christ the Word made flesh, people have access to the Father in the Holy Spirit and come to share in the divine nature. Through this revelation, therefore, the invisible God out of the abundance of his love speaks to his people as friends and lives among them, so that he may invite them into fellowship with Himself.
Doctor of the Church	Certain ecclesiastical writers have received this title on account of the great advantage the whole Church has derived from their doctrine. In the Western Church four eminent Fathers of the Church have attained this honor.
domestic church	Another name for the first and foremost fundamental community of faith; the family.
Doxology	Christian prayer which gives praise and glory to God, often in a special way to three divine persons of the Trinity.
Easter	Most important feast day of the Church commemorating Jesus' resurrection from the dead.
Easter Season	The time during the Church year when Catholic Christians continue to celebrate God's gift of new life to Jesus and to us in the Resurrection, Ascension, and Pentecost.

Easter Vigil	The most important of all the Church's celebrations. It honors Christ's Resurrection-his victory over death. It is celebrated on Holy Saturday, the day before Easter Sunday.
ecclesial tradition	Practices of the local church
ecumenism	The movement of Christians and other churches toward unity.
Eucharistic prayers	The prayer of thanksgiving and consecration of the bread and wine into the Body and Blood of Jesus Christ.
encyclical	A letter written by the Pope and sent to the whole Church and, at times, beyond the Church to the whole world; commonly focused on Church teaching regarding a particular issue or currently important matter.
epiclesis	Part of the prayer of consecration of the Eucharistic elements (bread and wine) by which the priest invokes the Holy Spirit.
Epiphany	The manifestation of Jesus when the Magi came to see Jesus after he was born.
epistles	The New Testament books written as letters giving explanation of Christian beliefs and offering guidance on living the Christian life.
Eucharist	The word "Eucharist" means "to give thanks". The Eucharist is a sacrament in which we give thanks to God for Jesus. Jesus becomes truly present with us and we receive him as our Bread of Life. The Eucharist makes us one with God and one another.
euthanasia	A direct action, or a deliberate lack of action, that causes the death of a handicapped, sick, or dying person.
evangelist	Based on a word for "good news," anyone who actively works to spread the Gospel of Jesus. Commonly known as the four authors of the Gospels; Matthew, Mark, Luke and John.
evangelization/preaching	Evangelization means spreading the good news of Jesus Christ and sharing our faith by our words and actions.

examination of conscience	Preparation for the sacrament of Reconciliation in which we ask ourselves how well we are following Jesus' Law of Love.
exile	Forced or self-imposed removal from one's native country; banishment.
Exodus	The escape of the Israelites from slavery in Egypt to freedom. The mainly narrative second book of canonical Jewish and Christian Scripture.
faith	Faith is a virtue that enables us to trust and believe in God, to accept what God has revealed, and to live according to God's loving will.
family	A domestic group of individuals brought together by a common bond, ie. Birth, adoption, marriage.
fidelity	An official promise between a husband and wife.
forgiveness	To pardon oneself, or another person, without imposing guilt or retribution.
fornication	Sexual intercourse between a man and a woman who are not married. It is morally wrong to engage in intercourse before marriage, and it is a sin against the sixth commandment.
freedom	God gives us the free will to choose between right and wrong.
free will	The gift from God that allows human beings to choose from among various actions, for which we are held accountable. It is the basis for moral responsibility.
Fruits of the Holy Spirit	The Fruits of the Holy Spirit are the virtues developed in us by the Holy Spirit. They are charity, joy, peace, patience, kindness, goodness, generosity, gentleness, chastity, faithfulness, modesty, and self-control.
fulfillment	The act of carrying out; as in the "fulfillment of the Scriptures."
Genesis	First Book of the Bible. It means "beginning". It tells that God created the world and that it is good.

Gentile	A term used to indicate all non-Jewish peoples. St. Paul, who preached mainly to non-Jews, was called the “Apostle of the Gentiles”.
genuflect	The act of bending the right knee to the floor and rising up again as an act of penitence and supplication.
Gifts of the Holy Spirit	The seven gifts of the Holy Spirit are wisdom, understanding, counsel, fortitude, knowledge, piety and reverence. They help us to live and witness our faith.
Good Friday	The day Jesus died for all people.
Gospels	The good news that God loves us and gives us Jesus Christ, God’s Son. The first four books of the New Testament. They are written memory of the words and deeds of Jesus.
grace	A sharing in the divine life, in God’s very life and love.
guardian angel	A spiritual being created by God who serves as our guide and protector.
heaven	Unending happiness with God and with all who love God and one another.
Hebrew	Hebrew was the language spoken by the ancient Israelites, and in which were composed nearly all of the books of the Old Testament
hell	The state of deliberate and final separation from God.
heresy	The conscious and deliberate rejection of a dogma of the Church .
hierarchy	A word of Greek origins meaning those with responsibility and authority over social, spiritual, and religious matters. Deacons, priests, and bishops are members of the hierarchy. However, the term has come to be used to designate the College of Bishops in communion with the Bishop of Rome.
Holy Family	Jesus, His Mother Mary, and Joseph
Holy Orders	The sacrament in which bishops, priests, and deacons are ordained for special service in the Church.
Holy Saturday	see Easter Vigil.

Holy Thursday	The night Jesus ate with his disciples; which was the first celebration of the Eucharist.
homily	The address or sermon given after the gospel during the celebration of the Mass.
hope	Hope is a virtue that enables us to trust that God will be with us in every situation.
hosts	The angelic hosts, the invisible powers that work at God's command.
human rights	The basic political, social, and economic rights that every human being claims, by virtue of their human dignity as beings created by God. Society can not grant these rights and must not violate them.
icon	The science of the description, history, and interpretation of the traditional representation of God, the saints and other sacred objects in art.
Immaculate Conception	A title given to Mary meaning that she was free from all sin from the very beginning of her life.
initiation	The process by which a non-baptized person is prepared to become a full member of the Church. The three sacraments of initiation are Baptism, Confirmation and the Eucharist.
Incarnation /incarnate	The mystery of God "becoming flesh" or becoming one of us in Jesus Christ.
incense	granulated or powdered aromatic resin from various plants and trees. When sprinkled on glowing coals in a vessel called a thurible or censer, the fragrance becomes a cloud of smoke symbolizing prayer rising to God.
indelible seal	Character or mark imprinted upon the Christian soul at Baptism, hence the sacrament of Baptism can not be repeated.
indissolubility	The quality of the marriage bond which means that it may not be dissolved.

infallibility	The gift (or charism) given to the church by Christ whereby it is protected from error in matters of faith and morals. It can be exercised by a pope or by an ecumenical council teaching in union with him.
Infancy Narrative	The narrative story of Jesus' coming from the Annunciation to his birth.
inspiration	The help and guidance of the Holy Spirit given to the writers of the Bible.
intercession	A form of prayer of petition on behalf of others
Israel	The northern tribes of the Israelites.
Jerusalem	The city sacred to Jews, Christians, and Moslems.
judgment	General judgment that will occur after Christ's second coming.
justice	Loving all our neighbors and treating everyone fairly.
just war	War involves many evils, no matter the circumstances. For a war to be just, it must be declared by a lawful authority, and there must be just cause, the right intention (such as self-defense), and weapons must be used in a way that protects the life of innocent people.
Kingdom of God	The rule of God present in our hearts and in our world.
laity	All members of the Church, with the exception of those who are ordained. The laity share in Christ's role as priest, prophet, and king; witnessing to God's love and power in the world.
Last Rites	See Anointing of the Sick or Last Sacraments
Last Sacraments	These include Penance, Confirmation (when lacking), Anointing of the Sick and Viaticum (the last reception of the Communion for the journey from this life to eternity)
Last Supper	The meal taken by Jesus with his friends the night before he died where He gave us His Body and Blood for the first time. It is celebrated on Holy Thursday.

lavabo	Refers to the ceremonial washing of the hands of the celebrant at the Mass, during the Preparation of the Gifts
Law of Love	Love the Lord your God with all your heart, with all your soul, with all your strength, and with all your mind. Love your neighbor as you love yourself.
leaven	A substance, such as yeast, found in breads and cakes in order to make them raise in texture.
lectio divina	A form of repetitive prayer, usually focused on passage from the Scriptures, that involves repetitive readings and periods of reflection; can serve as either private or communal prayer.
Lectionary	The official liturgical book from which the readings selected for the liturgy of the word during Mass are proclaimed. The person who proclaims the word is called a lector.
Lent	The forty days of preparation for the celebration of Easter, and the Resurrection of Jesus from the dead.
litany	A well-known and much appreciated form of responsive petition, used in public liturgical services, and in private devotions.
literary forms	Different types of writing used by the human authors of the Bible to express their faith in God.
liturgical colors	Symbolic colors used during the various seasons of the Church, such as green, white, purple, red, and gold.
liturgical year	Advent, Christmas, Lent, the Easter Triduum, Easter, and Ordinary Time make up the seasons, or times, of the liturgical year. Our Church celebrates the liturgical year to help us remember the whole story of the life, death, and Resurrection of Jesus Christ.
liturgy	The official public worship of the Church which includes the ways we celebrate the Mass and the other sacraments.
Liturgy of the Eucharist	One of the two major parts of the Mass. It is made up of the Presentation and Preparation of the Gifts, the Eucharistic Prayer, and Holy Communion.
Liturgy of Light	Commonly known as the Easter Vigil.

Liturgy of the Word	The Liturgy of the Word is one of the two major parts of the Mass which is made up of readings from the Old and New Testaments, Responsorial Psalm, Gospel, Homily, Creed, and Prayer of the Faithful.
love	Love is a virtue that enables us to love God, our neighbor, and ourselves.
lure	To attract or entice with the promise of a reward or pleasure.
Magi	Wise men who came from the East to visit baby Jesus.
Magisterium	The teaching authority of the Church including the bishops and the Pope, 2034 CCC
manna	The food miraculously sent to the Israelites during their forty years sojourn in the desert.
manipulate	To influence often in a devious way.
Marks of the Church	They are one, holy, catholic, and apostolic. These four great identifying qualities let people know the kind of community Jesus began and calls us to be.
martyr	One who suffers and dies to witness his or her faith in Jesus.
Mass	The celebration of the Eucharist in which bread and wine become the Body and Blood of Christ. It is both a meal and a sacrifice.
Matrimony	Another name for the Sacrament of Marriage. It is a powerful sign of Christ's presence that joins a man and woman together for life.
Maxim	The sayings of Jesus in Scripture that tell us how to love God and our neighbor with all our hearts, minds, and strength.
meditation	Thinking and reflecting about God and one's relationship with God. It is a silent prayer in which one listens and talks to God in their heart.
mercy	An attitude which brings one to come to the aid of those in distress. God's mercy rather than punishment comes to the repentant sinner.

Messiah	“Messiah” refers to the savior and liberator promised to the people in the Old Testament. Jesus is the Messiah.
ministry	The work we do to help others and to bring about God’s kingdom in the world.
miracles	An extraordinary event showing God’s intervention in human affairs.
monasticism	Literally the act of “dwelling alone.” Has come to denote the mode of life pertaining to persons living in seclusion from the world, under religious vows and subject to a fixed rule, as monks, friars, nuns, or in general as religious. The basic idea of monasticism in all its varieties is seclusion or withdrawal from the world of society.
monstrance	The special vessel designed to hold a host and make it visible for Eucharistic adoration.
morality	Dealing with the goodness or evil of human acts, attitudes, and values; involves matters such as right judgment, decision-making skills, personal freedoms and responsibility.
Moral Virtues	Moral character is developed by the practice of the virtues of prudence, justice, temperance and fortitude.
Mount Sinai	The place where the Lord made an everlasting covenant with the Jewish people.
Nazareth	The town of Galilee where the Blessed Virgin dwelt and where Christ lived the first 30 years of his life.
Nativity	Refers to the birth of Jesus which is celebrated December 25 th
Natural Family Planning	The controlling of human conception by restricting the marital act to the infertile periods of the wife. This practice is based on the theory that the period of a woman’s ovulation can be determined with considerable accuracy. A variety of methods, or their combination, is used to determine the period of ovulation. From the moral standpoint, natural family planning is permissible. As stated by Pope Paul VI: “If there are serious motives to space out births, which derive from external conditions, it is licit to take account of the natural rhythms inherent in the generative functions” (<i>Humanae Vitae</i> , II, 16).

natural law	Our God given instinct to be in right relationship with God, other people, the world and ourselves. The basis for natural law is our participation in God's wisdom and goodness because we are created in the divine likeness.
New Testament	Inspired collection of sacred books written by members of the early Christian communities. There are twenty-seven books in the New Testament divided into the Four Gospels, The Acts of the Apostles, Letters or Epistles, The Book of Revelation.
Nicene Creed	Profession of Faith: statement containing the major truths of the Catholic Church composed at the Council of Nicea in 325.
novena	From the Latin word for "nine" it is public or private devotion that extends for a period of nine days. In some cases a novena is offered on a designated day for nine weeks or nine months.
offering	The gesture of offering by the priest at Mass
<u>oils:</u>	
chrism	Perfumed oil, consecrated by the bishop, which is used for special anointing in Baptism, Confirmation, Holy Orders, and in the dedication of churches and altars. It signifies the gift of the Holy Spirit.
oil of catechumen	Liturgical oil blessed by the bishop for the diocese, to be used for Baptism during the exorcism rite.
oil of the sick	Liturgical oil blessed by the bishop for the diocese, to be used for Anointing of the Sick.
Old Testament	Inspired collection of sacred books that expresses the faith of the Israelite people. There are 46 books in the Old Testament.
Ordinary Time	The thirty-three or thirty-four weeks of the year in which we celebrate all that Jesus has taught us. Green is the liturgical color of Ordinary Time.
original sin	The first sin of humankind. Every human being is born with and suffers from the effects of this sin.

pall	A white cloth used to cover the chalice at Mass so that particles do not fall into the chalice, also used to cover a coffin at funeral Masses.
parables	Instructional stories based on a familiar life experience and used to teach a spiritual lesson.
Paraclete	A title for the Holy Spirit which means “special helper.”
parish	Our local faith community.
Parousia	The Second Coming of Christ, when his kingdom will be fully established and his triumph over evil will be complete.
Paschal candle	A large candle symbolizing Christ as the light of the world which is used on Holy Saturday, throughout the Easter season, during Baptism, and at funerals.
Paschal mystery	God’s plan for our salvation through the Passion, Death, and Resurrection of Jesus.
Passover	A feast in which the Jews celebrate their deliverance from slavery in Egypt.
pastor	Leads a parish community of Catholics.
paten	The dish like vessel used to contain the bread at Mass.
patriarch	The father or chief of a race. It is applied to Abraham as a version of title “father of many nations,” to David, and to the twelve sons of Jacob. This last became the special meaning of the word when used of Scriptural characters. The heads of the tribes were the “Twelve Patriarchs”, though the word is used also in a more general sense for the fathers of the Old Law in general.
peace	Order and harmony within a person, between people, groups, nations, or with God.
Penance	An act performed to show sorrow or repentance for sin.
Pentecost	The day on which the fullness of the Spirit was given to the Church. (50 days after Easter)
pope	Bishop of Rome who is the successor of St. Peter and leads our Church in the name of Jesus Christ.

prayer	Directing one's heart and mind to God.
preaching/evangelization	Announcing the good news.
precepts of the Church	Laws of the Church which list specific duties expected of Catholics. (See Prayers and Practices XI)
preface	beginning
prejudice	Process of pre-judging based on preconceived ideas.
priest	Ordained to offer acts of worship to God; an official who is chosen to preach about God and lead prayer.
priesthood	State of being a priest.
proclaim	To bring God's message to the people in a way that praises and glorifies God.
procreation	Act of procreating, creating life.
Prodigal Son	Refers to the parable which teaches forgiveness.
prophet	One who speaks for God. They remind us about the meaning of living our covenant with God.
prophecy	Prediction of future events or the speaking of divine words through chosen messengers or prophets.
Providence of God	Coming from God's design.
Psalms	Special hymns or songs of prayer composed by David which are found in the Old Testament.
purgatory	The state after death in which holy souls are made free from the effects of sin before entering heaven.
purificator	A linen cloth used to purify the chalice.
racism	The belief that some races are inherently superior to others.
Reconciliation	Reconciliation is the sacrament in which we are forgiven by God and the Church for our sins.
redemption	The restoration of the human race to friendship with God through Jesus' life and death on the cross.

Reformation	The great division that occurred in the 16th Century between Protestants and Catholic Christians.
religious orders	A group of men or women who live together and have a certain set of rules for following Jesus.
religious vows	Promises made by consecrated people to live their lives in a special way usually by promising poverty, chastity, and obedience.
Resurrection of Jesus	The rising of Christ from the dead.
Revelation	God making known to us who He is.
rite/ritual	A religious ceremony carried out according to a certain pattern.
Roman Missal	The general guidelines for the celebration of the Eucharist.
rosary	A prayer form usually prayed with rosary beads that focuses on events in the lives of Jesus and Mary.
Sabbath	In the Old Testament, the “seventh day” on which God rested after the work of Creation was completed. For Catholics, Sunday, the day which Jesus was raised, which we are to observe with participation in the Eucharist in fulfillment of the commandment to “keep holy the Sabbath.”
sacrament	A special sign within the life of the Church through which Jesus truly becomes present with us and acts in our lives. The seven sacraments are Baptism, Reconciliation, Eucharist, Confirmation, Matrimony, Holy Orders, and Anointing of the Sick.
sacramental	A sacramental is a blessing, an action, or an object that helps us remember God, Jesus, Mary, or the saints.
sacraments of healing	Sacraments of Reconciliation and Anointing of the Sick
sacraments of initiation	Sacraments of Baptism, Eucharist and Confirmation to be fully initiated into the Church.
sacraments of service	Sacraments of Marriage and Holy Orders
sacrifice	Offering of a gift to God. Commonly refers to the Eucharistic Sacrifice.

Sacramentary	Book of liturgical prayers, directives and rubrics used by the priest while offering Mass.
sacrarium	Sacred sink in the sacristy used to properly dispose of sacred substances into the ground i.e. Communion particles, holy water, holy oils, etc. The drain of the sacrarium bypasses the sewer system.
sacristy	A room containing the materials for the celebration of the liturgy, it is also where the clerics vest prior to the liturgy.
saints	People of courage who heard what the gospel said and took it to heart.
salvation	The freeing of people from sin and its effects, in and through Jesus Christ.
Samaritan	Someone from Samaria, the land north of Jerusalem.
sanctifying grace	A gift or favor from God; God's own life shared with us; God's love truly given to us.
sanctuary	Consecrated place around the altar, usually distinguished from the rest of the Church by a raised floor, special shape or decoration.
sanctuary lamp	A red light placed by the tabernacle to indicate that the Blessed Sacrament is reserved or stored.
Savior	One who rescues another, Jesus rescues us from sin and death.
schism	A serious and formal split in the Church.
Scripture	The written Word of God and another name for the Bible. It is also referred to as Sacred Scripture.
secular	That which belongs to this life, in contrast with the sacred, which pertains to the life to come. The secular, therefore, is the earthly and not celestial; the human and not the divine; the created and not the uncreated; the temporal and not the eternal; the visible and not the spiritual; the humanly rational and explainable and not the mysterious and ineffable; the relative and therefore changeable with time, place, and circumstances, and not the absolute, which is immutable because and insofar as it is associated with the unchangeable God

seminarian	A person who is training in a seminary to become a priest, minister, or a rabbi.
sexual abuse	Being inappropriately touched or shown personal private parts of another person.
sexual intercourse	In the sacrament of Marriage, it is a God-given way of making more love between a husband and wife by strengthening their relationship through the physical union of their bodies.
sexuality	Everything about us that has to do with being male or female, it is part of who we are as a person.
shepherd	A person who takes care of sheep. A person who cares about people and protects them. Another name for "Pastor"
sign	The whole of the Church's liturgy is built on the function of word, action, and object signs as symbols of the sacred. But among the sacred signs the most important are the sacraments, which not only manifest the special presence of God but actually confer the grace they signify.
sin	Any deliberate offense, thought, word or deed against the will of God.
social justice	The Church's commitment, and mandate to its members, to engage in conscious efforts to fight against social sin.
social teaching	Catholic social teaching is its concern for the poorest members of society. This concern echoes elements of the Jewish law and of the prophetic books of the Old Testament, and recalls the teachings of Jesus Christ recorded in the New Testament, such as his declaration that "whatever you have done for one of these least brothers of Mine, you have done for Me."
solidarity	Union of one's heart and mind with those who are poor or powerless, or face an injustice. It is an act of Christian charity.
Spiritual Works of Mercy	See Works of Mercy
STD's	Sexually Transmitted Diseases

Stations of the Cross	Series of pictures or tableaux representing specific scenes in the Passion of Christ, each corresponds to a certain event. Also known as the Via Dolorosa
stewardship	Careful management of anything for which one is responsible. Jesus taught us that good stewardship preserves God's gifts and uses these gifts to help others.
stole	Liturgical vestment in the form of a long narrow strip of cloth worn by a deacon, priest or bishop around the neck.
symbol	Objects, characters, figures, colors used to represent a concept or idea.
tabernacle	The repository for the Body of Christ in a church building.
temptation	A pull toward something we want so much we might be willing to do what is wrong to have it.
Ten Commandments	Laws that tell us how to love, honor and respect God and others. God gave the Ten Commandments to Moses on Mt. Sinai.
theology	Literally, the study of God; the academic discipline and effort to understand, interpret, an order our experience of God and Christian faith; classically defined as "faith seeking understanding."
Torah	The first five books of the Bible. It is also called the Pentateuch.
Tradition	The fundamental truths and beliefs of the Catholic Church, both written and oral, that have been handed down to us since the time of Jesus and the Apostles, under the guidance of the Holy Spirit.
tradition	Transmittal of elements of a culture from one generation to another, especially by oral communication.
transubstantiation	A term used to describe the change from ordinary bread and wine into the Body and Blood of Jesus.
Triduum	The three day celebration of Jesus' Passion, Death, and Resurrection beginning with the Lord's Supper on Holy Thursday and ending with the Easter Vigil.

Trinity	Three persons in one God: Father, Son, and Holy Spirit.
universal	Catholic worldwide community of faith that welcomes all people.
vernacular	Vernacular refers to the native language of a country or locality .
vestibule	An entrance hall, or passage between the entrance and the interior of a building.
Viaticum	The reception of Communion by a dying person, specifically as provision for the passage through death to eternal life.
Vicar of Christ	A title for the Pope.
Virgin	Name for Mary, Mother of Jesus; designates a woman who has not had intercourse.
virtue	A spiritual power to know and do what is good.
vocation	A vocation is our call to live holy lives of service in the Church and in the world.
Works of Mercy	A Christian action plan. The Corporal Works of Mercy help us to show our concerns for the physical needs of others. The Spiritual Works of Mercy help us to show our concern for the spiritual needs of others.
worship	Worship is praise and thanks to God in signs, words, and actions.
Yahweh	God's name as it was given to Moses. It means "I am who am."
yeast	Leavening agent found in leavened bread.

Disclaimer: This is not intended to be an all inclusive list, teachers are free to add additional vocabulary as they see fit. Teachers are responsible for reviewing vocabulary terms learned in prior grades. The vocabulary listed is for emphasis in the current grade.

VII. Safe Environment

2006-2007 Approved Curriculum

Pre-K through 5th Grade

Diocese of Phoenix

Safe Environment Training Office

Menus of Safe Environment Training Resources on pages 86-87

There are several options to choose from.

Materials are to be updated each school year.

Contact Safe Environment Office at (602) 354-2418

Safeenvironment@diocesephoenix.org

**2010/2011 SAFE ENVIRONMENT TRAINING CURRICULUM
FOR CATHOLIC SCHOOLS**

The following Safe Environment Training Curriculum is approved for the 2010-2011 academic year. If your school would prefer to use curriculum or speakers not listed below, please contact the Director of Safe Environment Office at 602-354-2418 or Safeenvironment@diocesephoenix.org

GRADES	TITLE	HOW TO OBTAIN COPY OF MATERIAL
Pre- K – 5th	NO ADDITIONAL CURRICULUM REQUIRED	N/A
6 th and 9 th <i>No other option for these grades</i>	Called to Protect for Youth Praesidium Required training for 6 th and 9 th grades – no option 3 class periods or 1 longer retreat setting	Implementation coordinated with Safe Environment Coordinator at school
7 th	7th Grade Curriculum 1 class period – 40 minutes	http://www.catholicschoolsphx.com/curriculum.php
8 th	8th Grade Curriculum 1 class period – 40 minutes	http://www.catholicschoolsphx.com/curriculum.php
10 th	10th Grade Curriculum 1 class period – 40 minutes	http://www.catholicschoolsphx.com/curriculum.php
11 th	11th Grade Curriculum 1 class period – 40 minutes	http://www.catholicschoolsphx.com/curriculum.php
12 th	12th Grade Curriculum 1 class period – 40 minutes	http://www.catholicschoolsphx.com/curriculum.php

MENU OF SAFE ENVIRONMENT TRAINING RESOURCES FOR PARISH RELIGIOUS EDUCATION PROGRAMS 2010/2011

The following menu of Safe Environment Training Curriculum is approved for the 2010-2011 catechetical year. If your parish or school would prefer to use curriculum or speakers not included in this menu please contact Director of Safe Environment Office at 602-354-2418

GRADES	TITLE	LANGUAGES AVAILABLE	COST	HOW TO OBTAIN COPY OF MATERIAL
1 st – 8 th	Wichita Primary Curriculum Developed by Roman Catholic Diocese of Wichita (Used with Permission)	English Spanish	Free	Available from SET Catechesis/YM website <i>(Note: This program has 1 lesson plan for each grade. This is not an option for 6th grade.)</i>
1 st - 2 nd 3 rd - 4 th	Harrisburg Primary Curriculum Developed by Roman Catholic Diocese of Harrisburg (Used with Permission)	English Spanish	Free	Available from SET Catechesis/YM website
Pre- K – 5 th	Smart Kids/Safe Kids Curriculum used in Diocese of Phoenix 2005	English Spanish	Free	Contact SET Office <i>(Note: This program requires more time to implement)</i>
Pre- K - 1 st	Just Because I Am. A child's book of Affirmation By Lauren Murphy Payne, M.S.W. <i>Note: Comes with Leadership Guide // ISBN 0-915793-60-1</i>	English	\$9.95 or less	Used and New copies: www.Amazon.com www.barnesandnoble.com New copies: www.freespirit.com
2 nd 3 rd 4 th	It's My Body A Book to Teach Young Children How to Resist Uncomfortable Touch By Lory Freeman // ISBN 0-943990-03-3 Spanish title: Mi Cuerpo Es MIO	English Spanish	\$5.95 - \$7.95	Used and New copies: www.barnesandnoble.com Spanish copies: www.parentingpress.com
1 st - 2 nd 3 rd - 4 th	I Am The Boss of My Body Preventing Sexual Abuse – 20 Min Video	English	\$69.00	www.discoveryeducation.com
2 nd 3 rd 4 th	Time to Tell: Child Sexual Abuse Prevention 15 Min Animated Video	English	\$95.00	www.empowerkids.com
2 nd 3 rd 4 th	My Body Is Private By Linda Walvoord Girard ISBN 0-8075-5319-0	English	\$5.95	Used and New copies: www.Amazon.com www.barnesandnoble.com
6 th No other selection for this grade	Called to Protect for Youth Praesidium Required training for 6th grade - no option	English Spanish	No add'l cost	Implementation coordinated with Safe Environment Coordinator at parish
7 th – 8 th	Jr. High Curriculum Developed by Youth Ministers	English Spanish	Free	Available from SET Catechesis/YM website
9 th – 12 th	High School Curriculum Developed by Youth Ministers	English Spanish	Free	Available from SET Catechesis/YM website

**VIII. Diocese of Phoenix – Religion Curriculum
Prayers, Devotions, and Practices**

Note: Unless otherwise noted, the prayer or practice should be mastered at the grade level indicated. Each subsequent grade level should ensure continued mastery. However any prayers or practices may be introduced in a prior grade at the discretion of the school.

I = Introductory
D = Developing
R = Reinforced mastery

	K	1	2	3	4	5	6	7	8
Sign of the Cross	I	D	R	R	R	R	R	R	R
Our Father	I	D	R	R	R	R	R	R	R
Hail Mary	I	D	R	R	R	R	R	R	R
Glory Be	I	D	R	R	R	R	R	R	R
Meal Prayers	I	D	R	R	R	R	R	R	R
Liturgical Year	I	D	D	D	D	D	D	R	R
Mass Responses	I	I	I	I	D	R	R	R	R
Rosary		I	D	D	D	R	R	R	R
Rosary with the Mysteries				I	D	R	R	R	R
Two greatest Commandments		I	D	R	R	R	R	R	R
Guardian Angel Prayer	I	I	D	R	R	R	R	R	R
Morning Offering		I	D	R	R	R	R	R	R
Adoration	I	D	D	D	D	D	D	D	D
Act of Contrition			I	D	R	R	R	R	R
Act of Love			I	D	D	D	R	R	R
Sacraments			I	D	D	R	R	R	R
Ten Commandments			I	D	D	R	R	R	R
Apostles Creed			I	I	D	D	R	R	R
Nicene Creed				I	D	D	D	R	R
Act of Faith				I	D	D	R	R	R
Stations of the Cross		I	I	D	D	D	R	R	R
Gifts and Fruits of the Spirit		I	I	D	D	D	R	R	R
Spiritual and Corporal Works of Mercy				I	D	D	D	R	R
Come Holy Spirit		I	I	D	D	R	R	R	R
Act of Hope					I	D	D	R	R
Beatitudes					I	D	D	D	R
Hail Holy Queen					I	D	D	D	R
Moral Virtues					I	D	D	R	R
Marks of the Church						I	D	D	R
Books of the Bible		I	I	I	D	D	D	R	R
Memorare						I	D	D	R
Precepts of the Church					I	D	D	D	R
Angelus						I	D	D	R
Benediction						I	I	I	I

IX. ORACIONES EN ESPAÑOL

La Señal De La Cruz - Sign of the Cross

En el nombre del Padre, y del Hijo, y del Espíritu Santo.
Amén.

Dios Te Salve, Maria - Hail Mary

Dios te salve, Maria.
Llena eres de gracia:
El Señor es contigo.
Bendita tú eres entre todas las mujeres.
Y bendito es el fruto de tu vientre: Jesús.

Santa María, Madre de Dios,
ruega por nosotros pecadores,
ahora y en la hora de nuestra muerte.
Amén.

El Credo - Apostles' Creed

Creo en Dios, Padre todopoderoso,
creador del Cielo y de la Tierra.
Creo en Jesucristo su único Hijo, Nuestro
Señor,
que fue concebido por obra y gracia del
Espíritu Santo;
nació de Santa María Virgen;
padebió bajo el poder de Poncio Pilato;
fue crucificado, muerto y sepultado;
descendió a los infiernos;
al tercer día resucitó de entre los muertos;

subió a los cielos y está a la diestra de Dios
Padre;
desde allí ha de venir a juzgar a los vivos y a
los muertos.
Creo en el Espíritu Santo, en la Santa Iglesia
Católica,
la comunión de los Santos en el perdon de los
pecados
la resurrección de los muertos y la vida eterna.
Amén.

Padre Nuestro - Our Father*

Padre nuestro,
que estás en el cielo.
Santificado sea tu nombre.
Venga tu reino.
Hágase tu voluntad en la tierra como en el cielo.
Danos hoy nuestro pan de cada día.
Perdona nuestras ofensas,
como también nosotros perdonamos a los que nos ofenden.
No nos dejes caer en tentación y líbranos del mal.
Amén.

***The translation used in the Eucharistic liturgy is different**

Gloria - Glory Be

Gloria al Padre, al Hijo y al Espíritu Santo.
Como era en el principio, ahora y siempre,
por los siglos de los siglos.
Amén.

Dios te Salve, Reina y Madre – Hail Holy Queen

Dios te salve, Reina y Madre de misericordia,
vida, dulzura y esperanza nuestra, Dios te salve.
A ti clamamos los desterrados hijos de Eva.
A ti suspiramos gimiendo y llorando en este valle de lágrimas.
Ea, pues, Señora, abogada nuestra:
vuelve a nosotros esos tus ojos misericordiosos.
Y después de este destierro, muéstranos a Jesús, fruto bendito de tu vientre.
Oh clemente, oh piadosa, oh dulce Virgen María.
Ruega por nosotros, Santa Madre de Dios, para que seamos dignos de las promesas de Cristo.
Amen.

Joyful Mysteries	Sorrowful Mysteries	Glorious Mysteries	Luminous Mysteries
La Anuncion La Visitación El Nacimiento La Presentación en el Templo El Reencuentro en el Templo	La Agoniza en el Huerto La Flagelación La Coronación de Espinas. Jesus lleva la Cruz La Crucifixión	La Resurrección La Ascensión La Venida del Espíritu Santo La Asunción de la Virgen María La Coronacion de la Virgen María	El Bautismo en el Jordán Las Bodas de Caná El Anuncio del Reino de Dios La Transfiguración La Institución de la Eucaristía

Oración de San Francisco

Señor, hazme un instrumento de tu paz:
Donde haya odio, que lleve yo el amor
donde haya ofensa, que lleve el perdón
donde haya discordia, que lleve la union;
donde haya duda, que lleve la fe
donde haya error, que lleve la verdad;
donde haya tristeza, que lleve la alegría;
donde haya oscuridad, que lleve la luz.

O Maestro, concédeme
que yo no busque tanto
ser consolado, sino consolar
ser comprendido, sino comprender,
ser amado, sino amar.
Porque es dando que recibimos
es perdonando que somos perdonados
y es muriendo que nacemos a la vida eternal.
Amén.

Ángel de la Guarda

Ángel de mi guarda
Mi dulce compañía
No me desampares
Ni de noche ni de día
hasta ponerme en los
de Jesús, José y María.

Ven, Espíritu Santo

Ven Espíritu Santo
Llena los corazones
De tus fieles
Y enciende en ellos
El fuego de tu amor.
Envía tu espíritu, Señor,
Y serán recreados
Y renovarás
La faz de la tierra.
Amén.

X. Meditation – Catechism of the Catholic Church (2705-2708, 2723)

Meditation is a prayerful quest engaging thought, imagination, emotion, and desire. Its goal is to deepen our faith, convert our heart, and fortify our will to follow Christ in our own life. It is a first step toward the union of love with our Lord. Meditation begins above all in the Word of God in the Bible. “Meditation can only meaningfully be reflection on and assimilation of God’s Word about Himself and the world” (Hans Urs von Balthasar in ***Christian Meditation***, 1984:8).

There is no one set method for meditation and the goal is not mindlessness or detachment as it is in Far Eastern meditation. In ***Crossing the Threshold of Hope***, Pope John Paul II speaks of Christianity vs. religions of the Far East. “Therefore he (man) does not need to attain such an absolute detachment in order to find himself in the mystery of his deepest self...For this reason it is not inappropriate to caution those Christians who enthusiastically welcome certain ideas originating in the religious traditions of the Far East—for example, techniques and methods of meditation and ascetical practices.” (pp 89-90). This caution from John Paul II, in which he also reminds us of the document of the Congregation of the Doctrine of Faith, ***On Certain Aspects of Christian Meditation***, (10/15/1989), is important for teachers who may be personally drawn to forms of meditation that make use of a mantra or that require spiritual direction which teachers are not in the position to give.

Leading children in meditation is best kept to quiet reflection of a Bible passage with time beforehand to pray to the Holy Spirit or to Our Lady for help in forgetting worries and distractions so they may think of Jesus. They may ask themselves, “What did we read? What is it teaching me?” If distractions are a problem, silently repeating the Jesus Prayer of St. Hesychia can also be taught. This is different than a mantra because of the objective theological meaning of the prayer and its scriptural origin (Mt 9:27, Mk 10:48). Keeping a favorite picture of Jesus in their minds may also help them to be open to Him in silent prayer, just being with Him, loving Him, listening to Him. Ending the meditation by thanking Jesus and asking for His blessings that day or with a traditional prayer that is said communally with the class are ways to end the time of meditation.

XI. PRAYERS AND PRACTICES

Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Our Father

Our Father, who art in heaven, hallowed by thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Hail Mary

Hail Mary, full of grace, the Lord is with you; Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and ever shall be, world without end.

Apostles' Creed

I believe in God, the Father almighty,
Creator of heaven and earth and
in Jesus Christ,
His only Son, our Lord.
Who was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate, was crucified,
died, and was buried.
He descended into hell.
On the third day he rose again from the dead;
He ascended into heaven, and is seated at the
right hand of the Father, the Father almighty;
from there He will come again to judge the living and the
dead.

I believe in the Holy Spirit,
the holy Catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting.
Amen.

Morning Offering

My God, I offer you all my prayers, works, joys, and sufferings of this day for all the intentions of your most Sacred Heart. Amen

Morning Offering

God our Father, I offer you today all that I think and do and say. I offer it with what was done on earth by Jesus Christ, Your Son. Amen.

Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer You my prayers, works, joys, and sufferings of this day in union with the Holy Sacrifice of the Mass throughout the world.

I offer them for all the intentions of Your Sacred Heart; the salvation of souls; reparation for sin, the reunion of all Christians.

I offer them for the intentions of our bishops and all of the Apostles of Prayer, and in particular for those recommended by our Holy Father this month. Amen.

Guardian Angel Prayer

Angel of God, my guardian dear, to whom God's love commits me here, ever this day be at my side, to light and guard, to rule and guide. Amen.

Hail Holy Queen

Hail, Holy Queen, Mother of Mercy;
Hail, our life, our sweetness,
and our hope! To you do we cry,
poor banished children of Eve;
to you do we send up our sighs,
mourning and weeping in this vale of tears.

Turn then, most gracious advocate,
your eyes of mercy toward us;
and after this our exile, show unto us
the blessed fruit of your womb, Jesus,
O clement, O loving, O sweet Virgin Mary!

Nicene Creed

I believe in one God,
the Father the almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial
with the Father; through him all things
were made.

For us men and for our salvation
he came down from heaven,
and by the Holy Spirit was incarnate of the
Virgin Mary, and became man.

For our sake He was crucified under Pontius
Pilate;
He suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven and is seated
at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and His kingdom will have no end.

I believe in the Holy Spirit,
the Lord, the giver of life, who proceeds
from the Father and the Son,
is adored and glorified,
who has spoken through the prophets.
I believe in one holy catholic and apostolic
Church.

I confess one baptism
for the forgiveness of sins
and I look forward to the resurrection
of the dead, and the life of the world to come.
Amen.

The Rosary

A rosary has a cross, followed by one large
bead and three small ones. Then there is a circle
with five “decades.” Each decade consists of one
large bead followed by ten smaller beads. Begin the
rosary with the Sign of the Cross. Recite the
Apostles’ Creed. Then pray one Our Father, three
Hail Mary’s, and one Glory Be.

To recite each decade, say one Our Father on the
large bead and ten Hail Mary’s on the ten smaller
beads. After each decade, pray the Glory Be. As
you pray each decade, think of the appropriate
Joyful, Sorrowful, or Glorious Mystery, or a special
event in the lives of Jesus and Mary. Pray the Hail,
Holy Queen as the last prayer of the rosary.

The Five Joyful Mysteries

1. The Annunciation
2. The Visitation
3. The Birth of Jesus
4. The Presentation of Jesus in the Temple
5. The Finding of Jesus in the Temple

The Five Sorrowful Mysteries

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning of Thorns
4. The Carrying of the Cross
5. The Crucifixion and Death of Jesus

The Five Glorious Mysteries

1. The Resurrection
2. The Ascension
3. The Holy Spirit comes upon the Apostles
4. The Assumption of Mary into Heaven
5. The Coronation of Mary in Heaven

The Five Luminous Mysteries

1. The Baptism of the Lord
2. The Wedding of Cana
3. The Proclamation of the Kingdom
4. The Transfiguration
5. The Institution of the Eucharist

Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession was left unaided. Inspired with this confidence, we fly unto you, O Virgin of virgins, our Mother. To you we come, before you we kneel, sinful and sorrowful. O Mother of the Word incarnate, despise not our petitions, but in your mercy hear and answer them.
Amen

Prayer for My Vocation

Dear God,
You have a great and loving plan for our world and for me. I wish to share in that plan fully, faithfully, and joyfully.
Help me to understand what it is you wish me to do with my life. Help me to be attentive to the signs that you give me about preparing for the future. Help me to learn to be a sign of the kingdom, or reign, of God whether I'm called to the priesthood or religious life, the single or married life.

And once I have heard and understood your call, give me the strength and the grace to follow it with generosity and love.

Act of Faith

O my God, I firmly believe that You are one God in three divine Persons: Father, Son, and Holy Spirit. I believe that Your divine Son became man and died for our sins, and that He will come to judge the living and the dead. I believe these and all the truths which the holy Catholic Church teaches, because you have revealed them. In this faith I desire to live and die. Amen.

Act of Hope

O my God, trusting in Your promises and the infinite merits of Jesus Christ, our Redeemer, I hope for the pardon of my sins and the graces I need to serve You faithfully on earth, and to obtain eternal life in heaven.
Amen

Act of Love

O my God, I love You above all things with my whole heart and soul, because You are infinitely good and deserving of all my love. I love my neighbor as myself for love of You.
Amen

Prayer to the Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love. Send forth your Spirit and they shall be created, and you shall renew the face of the earth.

Prayer of Saint Francis

Lord, make me an instrument of your peace: where there is hatred, let me sow love;
where this is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
where there is sadness, joy.

O Divine Master, grant that I may not so much seek to be consoled as to console,
to be understood as to understand,
to be loved as to love.

For it is in giving that we receive, it is pardoning that we are pardoned, and it is in dying that we are born to eternal life.

Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin.

The Angelus

The angel of the Lord declared to Mary
and she conceived by the Holy Spirit.

Hail Mary...

Behold the handmaid of the Lord,
be it done to me according to your word.

Hail Mary...

And the Word was made Flesh
and dwelled among us.

Hail Mary...

Pray for us, O Holy Mother of God,
That we may be worthy of the promises of
Christ.

Let us pray:

Pour forth, we beseech you, O Lord,
your grace into our hearts
that we to whom the incarnation of
Christ your Son was made known by the
message of an angel may,
by His passion and cross,
be brought to the glory of His
resurrection, through Christ our Lord.
Amen.

Precepts of the Church

1. "You shall attend Mass on Sundays and on holy days of obligation and rest from servile labor."
(Catechism of the Catholic Church 2042)
2. "You shall confess your sins at least once a year."
(Catechism of the Catholic Church 2042)
3. "You shall receive the sacrament of the Eucharist at least during the Easter season." (Catechism of the Catholic Church 2042)
4. "You shall observe the days of fasting and abstinence established by the Church."
(Catechism of the Catholic Church 2043)
5. "You shall help to provide for the needs of the Church."
(Catechism of the Catholic Church 2043)

Holy Days of Obligation

On these days Catholics must celebrate the Eucharist just as on Sunday.

1. Solemnity of Mary, Mother of God - (January 1)
2. Assumption of Mary – (August 15)
3. All Saints Day - (November 1)
4. Immaculate Conception – (December 8)
5. Christmas – (December 25)

The Theological Virtues

Faith
Hope
Charity

The Cardinal Virtues

Prudence
Justice
Temperance
Fortitude

The Stations of the Cross

1. Jesus is Condemned to Die
2. Jesus Takes up His Cross
3. Jesus Falls the First Time
4. Jesus Meets His Mother
5. Simon Helps Jesus Carry His Cross
6. Veronica Wipes the Face of Jesus
7. Jesus Falls the Second Time
8. Jesus Meets the Women of Jerusalem
9. Jesus Falls the Third Time
10. Jesus is Stripped of Garments
11. Jesus is Nailed to the Cross
12. Jesus Dies on the Cross
13. Jesus is Taken Down from the Cross
14. Jesus is Laid in the Tomb

Gifts of the Holy Spirit

Wisdom
Understanding
Counsel (Right Judgement)
Fortitude (Courage)
Knowledge
Piety (Reverence)
Fear of the Lord (Wonder and Awe)

Fruits of the Holy Spirit

Charity	Generosity
Joy	Gentleness
Peace	Faithfulness
Patience	Modesty
Kindness	Self-Control
Goodness	Chastity

Liturgical Year

Advent, Christmas, Lent, the Easter Triduum, Easter, and Ordinary Time make up the seasons, or times, of the liturgical year

Benediction of the Blessed Sacrament

Benediction is an ancient practice in the Church. The word *benediction* comes from the Latin word for “blessing.” At Benediction a large host, which was consecrated during Mass, is placed in a large holder called a *monstrance* so that all can see the Blessed Sacrament. The priest burns incense before the Blessed Sacrament. The incense is a sign of the adoration we offer in God’s presence. The priest then lifts the monstrance and blesses the people with the Sign of the Cross.

Corporal Works of Mercy

1. Feed the hungry.
2. Give drink to the thirsty.
3. Clothe the naked.
4. Shelter the homeless.
5. Visit the sick.
6. Help those imprisoned.
7. Bury the dead.

Spiritual Works of Mercy

1. Instruct the ignorant.
2. Counsel the doubtful.
3. Admonish sinners.
4. Bear wrongs patiently.
5. Forgive offenses.
6. Comfort the afflicted.
7. Pray for the living and the dead.

The Seven Sacraments

1. Baptism
2. Eucharist
3. Confirmation
4. Penance, or Reconciliation
5. Anointing of the Sick
6. Holy Orders
7. Matrimony

Catholic Social Justice Teachings

1. The Life and Dignity of the Human Person
2. Call to Family, Community and Participation
3. Our Human Rights are Protected
4. Option for the Poor and Vulnerable
5. The Dignity of Work and the Rights of Workers
6. Solidarity and the Promotion of World Peace
7. Care for God’s Creation

The Ten Commandments

(Exodus 20:1-17; Deuteronomy 5:6-21)

1. I am the Lord your God; you shall not have strange gods before me.
2. You shall not take the name of the Lord your God, in vain.
3. Remember to keep holy the Lord's Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

The Great Commandments/Law of Love

(Matthew 22:37-40; Mark 12:29-31; Luke 10:27)

1. You shall love the Lord your God with your whole heart, with your whole soul, and with all your mind.
2. You shall love your neighbor as yourself.

The Beatitudes

(Matthew 5 :3-12)

1. Blessed are the poor in spirit, for theirs is the kingdom of heaven.
2. Blessed are those who mourn, for they shall be comforted.
3. Blessed are the meek, for they shall inherit the earth.
4. Blessed are those who hunger and thirst for righteousness, for they shall be satisfied
5. Blessed are the merciful, for they shall obtain mercy.
6. Blessed are the pure in heart, for they shall see God.
7. Blessed are the peacemakers, for they shall be called sons of God.
8. Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.
9. Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely on my account.

Rejoice and be glad, for your reward is great in heaven.

XII.. PRAYERS AT MASS – NEW ROMAN MISSAL

Apostles' Creed

I believe in God, the Father almighty, creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day he rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father almighty; from there He will come to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting.
Amen.

Nicene Creed - New Roman Missal

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord, Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation He came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake He was crucified under Pontius Pilate, He suffered death and was buried, rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and His Kingdom will have no end.

I believe in the Holy Spirit, The Lord, the giver of life, who proceeds from the Father and Son, who with the Father and the Son is adored and glorified, who has spoken through the Prophets. I believe in one, holy, catholic and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

PRAYERS AT MASS -New Roman Missal

GREETING

Priest: The Lord be with you.

All: And with your spirit.

PENITENTIAL RITE

Priest: Have mercy on us, O Lord.

All: For we have sinned against you.

Priest: Show us, O Lord, your mercy.

All: And grant us your salvation

GLORY TO GOD

Glory to God in the highest, and on earth peace to all people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly king, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sin of the world, have mercy on us; you take away the sin of the world, receive our prayer;

you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

LITURGY OF THE WORD

FIRST READING

Reader: The Word of the Lord.

All: Thanks be to God.

RESPONSORIAL PSALM

(Different each week)

SECOND READING

Reading: The Word of the Lord.

All: Thanks be to God.

GOSPEL

Alleluia: (Omit if not sung)

GOSPEL READING:

Priest: The Lord be with you.

All: And with your spirit

Priest: A reading from the holy gospel according to _____.

All: Glory to you, O Lord.

Priest: The gospel of the Lord.

All: Praise to you, Lord Jesus Christ.

HOMILY

The preacher explains and applies today's biblical readings to the needs of this particular congregation.

PROFESSION OF FAITH

Nicene Creed

GENERAL INTERCESSION

All: Lord, hear our prayer.

LITURGY OF THE EUCHARIST

PRESENTATION OF THE GIFTS:

Priest: Blessed are you, Lord, God of all creation.
Through your goodness we have this bread to offer, which earth has given and human hands have made. It will become for us the bread of life.

All: Blessed be God forever.

Priest: Blessed are you, Lord, God of all creation.
Through your goodness we have this wine to offer, fruit of the vine and work of human hands. It will become our spiritual drink.

All: Blessed be God forever.

PRAYER OVER THE GIFTS

Priest: Pray, brethren, that my sacrifice and yours may be acceptable to God, the almighty Father.

All: May the Lord accept the sacrifice at your hands for the praise and glory of His name, for our good, and the good of all His holy Church.

EUCHARISTIC PRAYER

Priest: The Lord be with you.

All: And with your spirit.

Priest: Lift up your hearts.

All: We lift them up to the Lord.

Priest: Let us give thanks to the Lord our God.

All: It is right and just.

HOLY

Holy, Holy, Holy Lord God of hosts.

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Mystery of Faith

A. We proclaim your death, O Lord, and profess your Resurrection until you come again.

B. When we eat this Bread and drink this Cup, we proclaim your death, O Lord, until you come again.

C. Save us, Savior of the world, for by your Cross and Resurrection you have set us free.

Priest: Through him
with him
in him,
in the unity of the Holy Spirit,
all glory and honor is yours,
almighty Father.

for ever and ever.

All: Amen.

THE LORD'S PRAYER

Priest: Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, may we always be free from sin and safe from all distress, as we await the blessed hope and the coming of our Savior, Jesus Christ.

All: For the kingdom, the power and the glory are yours, now and forever.

SIGN OF PEACE

Priest: Lord Jesus Christ, who said to your apostles:
Peace I leave you, my peace I give you. Look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will.

All: Amen.

Priest: The peace of the Lord be with you always.

All: And with your spirit.

Priest: Let us offer each other the sign of peace.

FRACTION RITE (Lamb of God)

Lamb of God, you take away the sin of the world: have mercy on us.

Lamb of God, you take away the sin of the world: have mercy on us.

Lamb of God, you take away the sin of the world: grant us peace.

COMMUNION

Priest: Behold the Lamb of God, behold Him who takes away the sins of the world.
Blessed are those called to the supper of the Lamb.

All: Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

COMMUNION SONG

CONCLUDING RITE

BLESSING

Priest: The Lord be with you.

All: And with your spirit.

Priest: May almighty God bless you, the Father, and the Son, and the Holy Spirit.

All: Amen.

DISMISSAL

Priest: Go in peace to love and serve the Lord.

All: Thanks be to God.

XIII. IMPORTANT CATECHETICAL DOCUMENTS

(In order of published date)

The following documents which speak specifically to the catechetical ministry should be available to all school catechists.

The Catholic Source Book

Harcourt Religion Publishers, 2007

United States Catholic Catechism for Adults

United States Conference of Catholic Bishops, 2006

Compendium: Catechism of the Catholic Church

United States Conference of Catholic Bishops, 2006

Guiding Principles on Catechetical Presentations of Human Sexuality for Curriculum and Publication Design

United States Conference of Catholic Bishops, 2006

National Directory for Catechesis

United States Conference of Catholic Bishops, 2005

Leaders Guide to the National Directory for Catechesis

Committee on Catechesis

United States Conference of Catholic Bishops, 2005

Our Hearts are Burning Within Us

United States Catholic Conference, 1999

General Directory for Catechesis

United States Catholic Conference, 1997

Catechism of the Catholic Church

United States Catholic Conference, 1994

Follow the Way of Love

National Conference of Catholic Bishops, 1993

Guide for Catechists

Rome, 1993

Go And Make Disciples

National Conference of Catholic Bishops, 1992

Guidelines for Doctrinally Sound Catechetical Materials
United States Catholic Conference, 1990

Human Sexuality: A Catholic Perspective
National Conference of Catholic Bishops, 1990

Adult Catechesis in the Christian Community
Rome, 1990

The Religious Dimension of Education In A Catholic School
The Congregation for Catholic Education, 1988

Rite of Christian Initiation For Adults
United States Catholic Conference, 1988

AIDS: A Catholic Educational Approach
National Catholic Educational Association, 1988

The Challenge of Adolescent Catechesis: Maturing in Faith (under revision)
National Federation for Catholic Youth Ministry, 1986

Catechesi Tradendae
John Paul II, Apostolic Exhortation, 1979

Sharing The Light Of Faith: The National Catechetical Directory
United States Catholic Conference of Bishops, USCCB, 1979

The Catholic School
Sacred Congregation for Catholic Education, 1977

On Evangelization in the Modern World
Paul VI, 1975

Basic Teachings for Catholic Religious Education
United States Catholic Conference of Bishops, USCCB, 1973

To Teach As Jesus Did
National Conference of Catholic Bishops, 1972

The General Catechetical Directory
Sacred Congregation For The Clergy, 1971

Declaration On Christian Education
Vatican II, 1965